



Engagement for all pupils

Swimming

Evidencing the impact of the Primary PE and Sport Premium at the Orchards Junior School 2022/23

Increase confidence of staff teaching PE and sport

participation in competitve sport

Broader experience of sport for all pupils Raising the profile of PE in school



















Orchards Junior School Sports Premium Report 2022/23

Key areas for investment 2022/23

- All pupils to take part in two hours of high quality PE/Games every week
- Continue to develop the breadth and depth of extra-curricular opportunities for all pupils
- Develop active opportunities outside of the 2 hours and extra-curricular (Active day/break-time)
- Maintain high standards in extra-curricular events
- Maintain high standards in locality and continue to support the WSSA (Worthing School Sports Association)

Funding total for 2022/23 £21,170

$\underline{\text{Key Indicators for measuring the success of the Sports Premium Grant:}}\\$

1. The engagement of all pupils in regular physical activity – Chief Medical Officer Guidelines

Recommend that primary school children undertake at least 30 minutes of physical activity a day in school

- 2. The profile of PE and sport being raised across the school as a tool for whole school improvement (Behaviour focus)
- 3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
- 4. Broader experience of a range of sports and activities offered to all pupils
- 5. Increased participation in competitive sport

Area of investment	Cost	Aims	Impact	Key Indicator
Membership of Worthing School Sports Association	Re-introduced in full 2022-23 £1672	Continue to take part in range of inter-school competitions (Level 2). Access CPD (training) opportunities for staff who teach PE/Games. Work in partnership with local schools to develop PE and school sport at a curriculum and competitive level.	All children given the chance to represent Orchards against other schools. Maintain strong links with local schools through meetings, CPD events, friendlies, leagues and competitions. Continue to develop the success of our sporting teams and their progress through the School Games and pushing G and T with county and national competition.	1-5
AfPE membership	£210 £17.50 x 12	Additional external support to aid improvement and confidence of PE teaching.	Increasing the quality of PE and Games lessons across all year groups, for all children. Application for AfPE national award as a quality control for the department.	3
West Sussex PE Conference	£130 x 1 extra place Running and re-introduced 2022-23	Course for PE Coordinator and sports coach to attend in order to ensure a high quality PE curriculum is planned, resourced and assessed (with a focus on leadership) 1 free place with WSSA Membership + One place purchased.	Increasing quality of PE and Games Lessons across all year groups, for all children. High quality of leadership provided. Purposeful training made available to all staff.	1-4
Area of investment	Cost	Aims	Impact	Key Indicator



Employment of Sports specialist Staff (Full Time specialist PE Teaching Assistant)	£13436	Maintain high standards of specialist teaching of PE and Games. Provide a broad and balanced (high quality) extra-curricular programme. Provide training opportunities for competitive events Enter more Competition.	High standards of participation and sporting success. Continue the outstanding provision of PE and Games teaching. Support of lower ability girls' participation. Girls' football opportunity through club and intra team tournament. Sussex FA support. Provide 1 to 1 support for those pupils who require this specialist support. Written into specialist programme.	1-5
Employment of Sports Coaches during the summer term and autumn term 2022/23	Basketball £690 Football £630 Futsal £580 Boxing/Fitness coach for Summer term £250	Provide a broad and balanced (high quality) extra-curricular programme. Developing sports that pupils were keen to progress and do this with specialist professional coaching. Basketball Worthing Thunder Cricket Sussex CCC Brighton in the community Charlotte Gurr coaching for Girls Football/Futsal Next Step Coaching (Football) Boxing/fitness club	More pupils will have the opportunity to access high quality extra-curricular activities throughout the year. All clubs are linked to local tournaments ensuring pupils have access to varying levels of competition. Staff are linked to these clubs to develop professionally and observe high quality in action	1-5
Sports and Dance Leaders tops Sparkle Band rewards P.E reward badges end of year New own brand and unique design as our supplier has changed allegiance P.E reward badges end of year. Sports and Dance Leader Trips to enhance learning Sports Day medals and trophies	£1121.85 £350 School fund to allow purchase of a child's first PE top free of charge	Pupils are provided with new tops and reward incentives.	Pupils are inspired to apply for these roles and support the school in a wide variety of activities developing valuable leadership skills Rewarding success across all sports and activities. Impact to improve standards by providing high quality rewards for school events including parent's consultation day sports competitions and Sports Day Participation, results, times and quality of competition has been exceptional this year. See Instagram for medals and evidence of the wide variety of competitions we organise and attend on a local, county and national level	2 & 5
Hire of Worthing Pavilion for Move It gymnastics and dance show Booking secured for 8/2/23 and again for 23/24 21/02/24	£1268	Venue hire and transport costs providing 250 pupils with a full day of professional rehearsal and performance to an audience of 750.	Amazing opportunity for all pupils to participate in a professional performance. Develop overall standard of gymnastics and dance raising the profile of the school and the department.	1-5



Area of investment	Cost	Aims	Impact	Key Indicator
Introduction of new sporting equipment and new sports opportunities Summer 2023	Stoolball Handball Goal Nets Outdoor Volleyball Futsal equipment £ 933.76	New opportunities for all pupils to use safe and clean equipment for all lessons	Develop the breadth of activates on offer at the school during Covid-19 and create after school club opportunities when we are allowed to put clubs on again.	2
Individual equipment	Footballs £600.60	Allow for all pupils to use their own football safely	Pupils have access to clean and safe equipment for every lesson	2
Introduction of new playground layout and caged football	Goal Nets Futsal equipment Basketball post pads Basketball back boards replaced School Budget	New opportunities for all pupils to use and increase participation at break time which is at an alltime high. Pupils can take part in football matches safely at break time and the cage allows for everyone else to enjoy break and fun activities without specific sports dominating the area.		2
Cleaning products	School Budget	Allowing for disinfection of all used equipment at the end of each session.	Safe environment for all pupils	
Gazebos	£848.68	Sports days x 4 proved to be the hottest on record and while schools around us were cancelling their sports days we sensibly carried on with extra shade, water breaks and sensible exposure time to the sun. These will continued to be used year on year and maybe even hired out!	Developing our links with Field Place First School helping them design, equip and follow through with x 2 Sports Days Organised by Orchards PE staff and 40 + Sports Leaders from Year 6	1-2-3-4-5

Total spend £23,100.89

Swimming 2022/23

Swimming statistics for current year 6 pupils (150 pupils)

Percentage of current year 6 pupils able to confidently swim 25 metres 72% up from 66% last year

Percentage of pupils that can use a range of swimming strokes confidently 72%

Percentage of pupils that can self-rescue in different water-based situations 80%

Targets to increase swimming skills. We are now using a new swimming pool and teaching provider and are finding this to be a huge success. Arundel Lido were able to provide 7 weeks of swimming lessons for all pupils in year 5 during 2022/23.



We will continue to use this facility moving forward due to the success of the programme

1. Identify pupils who need extra swimming support and select for TOP up swimming sessions at

Arundel Lido. Year 6 target.

2. Increase the provision for swimming at the school. Start lessons in year 2 at Field Place School and support his development. Tuesday's p.m.

Pupils will then have the opportunity if required to 'top up' in year 6.

3. Identify swimming opportunities for parents to take their own children swimming. Local discounts and special offers etc. Distribute flyers and advertise on our Instagram page @activeorchards 911 followers to date.

Please see @activeorchards on Instagram for all photographic evidence of activity, leadership, swimming and use of new equipment. Please ask to safely follow and you will be admitted.















Recent Orchards Sporting Accolades

Platinum Sainsbury's School Games Award 2022/23 and 23/24

This year a new, higher standard, was launched to recognise the very best PE provision across the country. The Orchards achieved the highest platinum mark for 2022/23 and are absolutely delighted to be recognised externally for the amazing work from the school community that happens every day!

The Orchards School have also been recognised for providing high quality Physical education and school sport with the Association for PE Quality mark with Distinction.

 $Still... Premier\ League\ Primary\ National\ Football\ Champions\ First\ School\ in\ Sussex\ to\ achieve\ this!$

National Swimming Championships 3rd Place and highest placed state school in the country

Always proud members of the Worthing School Sports Association

Active mile

If schools choose to take part in an active mile, they should use existing playgrounds, fields, halls and sports facilities to incorporate an active mile into the school day and develop a lifelong habit of daily physical activity.

Pupils will take part in this at the start of outside PE sessions and become a weekly habit. Pupils are given a set amount of time to complete as much of the course or as many laps as possible.





We are delighted with the addition of our new AstroTurf pitch, playground surface and pitch markings. These have proved to be extremely popular with all the children and have dramatically increased the number of children having an active breaktime.

School Budget costing.

No use of Sports funding.