

# Policy for PSHE including SRE & Citizenship

(Personal, Social, Health. Sex & Relationships)

*"Unlimited opportunity, unlimited ambition, unlimited vision"*

## Statement of Purpose

We attach great importance to Personal, Social and Health Education including mental wellbeing and its place in the School Curriculum.

PSHE, SRE and living in the wider world at The Orchards follow closely the recommendations in the PSHE and SRE Framework.

## Aims

Personal, Social and Health Education and Sex & Relationship Education

- To stay as healthy as possible both physically and mentally
- To keep themselves and others safe
- To have worthwhile and fulfilling relationships
- To respect the differences between people
- To respect themselves and others
- To have a good understanding of mental wellness and mindfulness.
- To develop independence and responsibility
- To play an active role as a member of a democratic society
- To make the most of their own and others' abilities.

Living in the wider world

- To develop social and moral responsibility – pupils learn self-confidence, and social and moral responsible behaviour towards authority and each other.
- To develop awareness of Community – pupils learning to become involved in the life and concerns of their neighbourhood and community.
- To learn about the issues, problems and practices of our democracy and how citizens can make themselves effective in public life.



## Outcomes

Implementation of this policy will support the children in their capacity to:

- know him/herself better and think well of, and respect, him/herself and others
- develop confidence/independence and think and act for him/herself
- acquire personal qualities, values and social skills
- take his/her place in a wide range of roles in preparation for adult life, to deal with risk and meet the challenges of life and to play an active role as a member of society
- successfully meditate and reflect on their emotions
- value and respect belongings/living things/environment
- be able to share/co-operate
- value their achievements
- identify moral values and strive to live up to them

## Children's Experiences

Children will be encouraged to:

- develop confidence in talking, listening and thinking about feelings and relationships
- be able to name parts of the body and describe how their bodies work
- be able to protect themselves and ask for help and support
- be prepared for puberty
- know that the life processes common to humans and other animals include nutrition, growth and reproduction
- know about the main stages of the human life cycle

## School Provision

Children at The Orchards are encouraged to enjoy and participate in PSHE through individual lessons to develop knowledge and understanding. There are also Extended Learning Opportunities including after school clubs, curriculum days and mentoring roles. Parents are given the opportunity to withdraw their children from all or part of the sex and relationship education provided at school except for those parts included in the statutory national curriculum.

## Allocation of time

All classes are timetabled for 30 minutes per lesson with additional days included as part of the creative curriculum and coverage of topics within whole school, part school and year group weekly assemblies.

## SEN

All pupils at The Orchards are valued equally, irrespective of ability, race, gender, class and community. A graduated approach, working collaboratively with colleagues in school including the class teacher and SENCO, identifies and meets the needs of SEN pupils. Individual teachers assisted by the subject coordinator devise ways in which the curriculum can be developed to meet the needs of exceptionally bright pupils.

### Assessment/recording and reporting

In addition to ongoing formative assessment throughout the year e.g. observation of pupils, class discussions and responses, PSHE is also monitored through lesson observations.

PSHE forms part of the general comments section in the end of year report to inform parents of their children's progress.

### Role of Area of Learning Leader & PHSE Co-ordinator

The PSHE Coordinator will monitor this policy regularly. The coordinator and Area of Learning Leader will ensure that:

- the action plan is regularly evaluated and updated
- resources are monitored and ordered where necessary
- standards of teaching and learning are monitored in accordance with the monitoring schedule
- children's progress and ability is reviewed and leveled where necessary
- they provide appropriate training opportunities to support the professional development of colleagues
- they maintain an enthusiastic approach to their subject leadership
- they monitor planning to ensure appropriate progression and coverage throughout the school

## EQUAL OPPORTUNITIES

- All pupils will have access to PSHE irrespective of age, gender, race, disability, sexual orientation, religion or belief.
- Individual different opinions and ideas will be respected and valued.

### Monitoring of this policy

- Members of the Leadership Team and the Chair of Governors will oversee the implementation of this policy.

Reviewed annually

Orchards  
Junior  
School

Subject  
Policies

2

