

# Week 3

## Push and pull

### The big idea...

What do we know so far about forces? Read the PowerPoint slide with the hockey player and watch this <https://www.bbc.co.uk/bitesize/clips/zkw8q6f>

What do you notice about all these actions? Continue the PowerPoint and create a freeze frame of one of the actions. Look around your house, is there anything you see that needs a pulling or pushing motion to be used?

Think about going to the park. What forces would be acting upon you on the different equipment? Can you draw and label these? See the info sheet for more details.

**Discuss the points on the PowerPoint and watch the video**

**Can you create a freeze frame or find something in your house that needs to be pushed or pulled?**

**Complete the forces at the park storyboard template.**

**Inseparable books experiment.**

