## Pushing and Pulling Forces

I can identify the forces acting on objects.



Pushes and pulls are forces. You can make something start or stop moving when you push or pull it.

## Activity

Below are some pictures of children using pushing and pulling forces. Write down **push** or **pull** in the force box. Does the force cause something to start or stop moving? In the second box write **start** or **stop**.

1. Force:  Start or Stop?		Start or Stop?	
2. Force:  Start or Stop?	- Living and the state of the s	Start or Stop?	
3. Force:  Start or Stop?	Man Maria	When you kick a footbo what type of force do y use? Can you describe of sports or activities that	all, ou other



involve pushing or pulling?