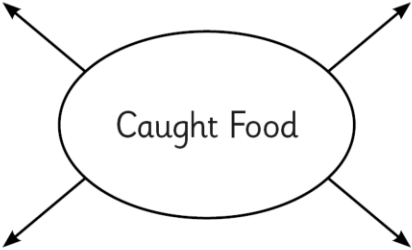


# Seasonal Chart

I can explain where, when and how a variety of ingredients are reared, caught and processed.



Reared:	Caught:	Processed:
1.  2.  3.		1.  2.  3.

