



Total Amount received for the academic year 2017/18 =

# £16,000 + £10 per pupil = 10 x 529 = £5290 Totalling £21,290

Total spend so far in  $2017/18 = \pm 22,939$  core spend for significant items. A finer breakdown of P.E spend is available on request from the schools business manager.

## Engagement for all pupils

Key spend amounts in this area = P.E Support staff salary cost. £11,500 x 4 Tennis Tables £1956.68

PE equipment purchases including (football goals x 4, gymnastics mats, games lessons equipment, basketball trainer, table tennis bats and balls, playground equipment = £3400 Movelt! Theatre hire and resources £1200

- All pupils have access to 2 timetabled hours of PE and Games lessons within the curriculum. These
  lessons are always planned and delivered by P.E specialists and super sporty staff and are always
  made as active and as fun as possible! P.E support staff are always available to assist in P.E, Games
  and swimming sessions and provide invaluable support for all pupils who may require extra support in
  lessons. This ranges from pupils with specific SEN requirements to gifted and talented pupils.
- Pupils can access an active break and lunchtime and can choose to take part in a range of fun activities including Bouldering, Skipping or Table Tennis or organised matches in Netball, Football and Basketball for those feeling competitive.
- All pupils take part in a competitive day of sport on Parents consultation day which happens 3 times a year. Pupils can choose from 15 seasonal tournament sports and whole school activities including local charity Chestnut Tree House Reindeer run, Sport Relief mile and the world famous interclass tug of war! The current Charity total amount raised is close to an amazing £40,000.
- All pupils can dance or display a gymnastics routine at our annual takeover at Worthing Pavilion theatre for 'Move It' An amazing event which always attracts nearly half the school (234 pupils 2018) and close to 800 proud spectators.
- All pupils have the opportunity to take part in a multitude of sports and active extra-curricular clubs, this is an amazing strength of the school and the take up for these opportunities is always high. The school offers around 50 active club opportunities during the year many of which run for every week of the academic year!
- All pupils will represent their house colours on sports day, and take part in 4/5 events or races with the opportunity to win a medal. Every pupil competing will earn points for the grand total which is announced by Dr Jones at the end of a fantastic day.
- Pupils who are interested will always get the opportunity to 'wear a school kit' and represent the famous badge! We enter nearly every sporting event on offer by the WSSA (Worthing School Sports Association) <u>www.wssape.weebly.com/</u> and regularly compete against other local schools with 3, 4 or even 5 teams! We also look further afield for district, county and national competitions for that extra opportunity to SPARKLE!
- Pupils are also offered the opportunity to attend active holiday clubs during the school holidays which are run by school PE staff and are always popular and well attended.

# Targets to develop engagement for all pupils

- 1. Develop a SPARKLE mile every week per year group
- 2. Use pupils with specialist skills to lead sessions e.g. cheerleading
- 3. Identify pupils who are not as keen on sport and help them to find something they love!

Raising the profile of P.E in school

#### Key spend amounts in this area

### Sports and Dance Leaders tops x 35 = £507.75 Sparkle Band rewards = £295

P.E reward badges end of year £319.10

- Throughout the evolution of the Orchards school PE and school sport has always been at the forefront of the schools values and beliefs.
- All pupils are given a smart new PE shirt and water bottle on entry to the school allowing everyone to look smart and keep hydrated during sessions
- Sports staff are given appropriate PE clothing which pupils can also access, Staff in return run extracurricular sports clubs and lead fixtures and competitions throughout the year. Branded coats and base layers also allow PE to take place outside on the coldest of days!
- Pupil's achievements are always promoted in a variety of assemblies, head teacher newsletters, website publications and announcements with notable success promoted in the local press.
- Sparkle board of fame! Throughout the year all pupils have the opportunity to win SPARKLE bands for achievements in PE lessons for a variety of reasons. 5 Sparkle bands won = Black band to keep 10 = Bronze 15 = Sliver and 20 = Gold. These records are stored in Arbor and are announced in Assemblies by PE staff pupils photos are also placed on the SPARKLE board of fame for the academic year.
- Opportunity to purchase professional Sports Photos of teams or performances represented.
- Use of the school facilities is given to Sports clubs in the local community to promote school/club links on the basis that pupils at the Orchards school have access to the coaching and competitive element
- We host a variety of competitions at the school throughout the year with Sports Leaders often given the responsibility to manage, officiate and judge fixtures and gymnastic performance.
- We regularly host up to 30 staff for the WSSA district sports meetings and have been central to the development of this programme since its birth.
- Sports Leaders roles are awarded to those pupils who are keen to develop leadership skills. These leaders not only help in lessons, Move It and sports clubs they also attend Leadership groups organised by the WSSA and ultimately lead the Legacy Games for hundreds of infant pupils across Worthing.
- We have developed close sporting links with University of Chichester and Worthing College and often support students in the delivery of PE and Sports Coaching. Several students who first arrived at the school on placement managed to successfully secure employment within the school.
- We always look to be recognised for our outstanding PE provision and have been awarded School games Gold for the last 5 years and AFPE Quality Mark with distinction.
- Host G and T dance and striking and fielding sessions for all local schools
- Entry into time to dance and Legacy games

### Targets to raise the profile of P.E in school

- 1. Pupils to develop a series of reports using multimedia to promote the importance of PE and sport.
- 2. Apply for the School games Platinum award in June 2018
- 3. Develop the playing surface of the Hardcourt playground incorporating an AstroTurf playing surface (This is a significant spend and will be covered using a mix of school fund and government P.E funding for 2018/19)

#### Increase confidence of staff teaching P.E and Sport

Key spend amounts in this area

Maths of the day course for 2 staff and licence purchase  $\pm 450$ 

Course to extend knowledge on APP use in P.E and Games sessions £190

- PE and Sport Professional development is offered to all staff allowing for a greater experience for pupils at extra-curricular sessions. Recent national governing body awards have been taken in Netball (level 1 and refereeing) Football (level 1 and 2) Gymnastics level 1 and all staff are placed on the relevant First aid training courses appropriate for school age and workplace.
- Cross curricular approaches to lessons are actively encouraged through PE and Sport and have staff have had recent training in Maths of the Day to encourage active learning in developing core skills in Mathematics and has proved a hit with pupils.
- PE staff attend the WSSA PE yearly conference and feedback any revolutionary ideas with the teaching staff at our annual PE staff meeting.
- Leaders are also actively encouraged to attend National conferences to develop the most current ideas and sports available.
- Orchards PE staff also lead sessions for the WSSA and school staff are actively encouraged to attend. Staff training in teaching gymnastics, dance and summer games have been recently held at the school.
- PE staff are also encouraged to develop their own leadership skills and have attended courses developing Middle and Senior roles.
- Head of PE has delivered a series of Lectures at University of Chichester to first year Sports Coaching students, an audience which regularly sees ex pupils of the school
- HLTA support in lessons so all pupils can access the curriculum
- TA support consistency for all lessons where pupils have been identified as requiring support
- Organisation of local tournaments in Netball and Football

### Targets to increase confidence of staff teaching P.E and Sport

- 1. Ensure all new members of staff receive the appropriate training for their role
- 2. Audit pupils to see which extra sports they would like to participate in and direct appropriate training
- 3. Develop Maths of the Day as a whole school vehicle for Maths support

### Broader experience of sport for all pupils

Identification of pupils (Limited swimming development)

Access to extra swimming sessions to close the gap £1200

Key spend amounts in this area

- Every pupil at the Orchards school has the opportunity to take part in wide and varied activities and events which work hand in hand with the PE curriculum.
- Learn to swim (year 5) pupils are given access to a professionally taught swimming programme at Littlehampton Swimming Centre and are encouraged to swim 25 metres. Those pupils who require extra support with swimming are helped on a 1 to 1 basis and also offered Top up sessions in the summer term to help reach the national standard. (See swimming data below for 2017/18)
- Cook and eat healthily through a comprehensive DT cooking module in each year of the school and the opportunity to enter our cooking MasterChef competition with the winners given access to a session in a professional kitchen at an illustrious Worthing restaurant!
- Year 6 pupils are actively encouraged to take part in the national cycling proficiency scheme and walk to and ride to school where possible.
- Take part in a range of Health and fitness days. Pupils are offered day sessions to try new sports and activates which have included boxing, yoga, lacrosse, ultimate Frisbee, karate, Tri golf, go karting.
- A wide range of extra-curricular trips and residential visits. A valuable and superb learning experience is offered through a range of day visits which have included Twickenham and Wembley and the AMEX stadiums, International Dance conventions at the Excel Centre and Tennis visits to Eastbourne, The O2 and even Wimbledon! Residential trips with a sporting theme are offered in years 4 and 5 and offer pupils the chance to sleepover and take part in climbing, abseiling, drive a quad bike, tunnelling and several water based sports. (Please see the trip coordinators for more information about these visits)

### Targets to broaden the experience of sport for all pupils

- 1. Increase access and duration to swimming opportunities Year 4 and year 5 swimming sessions.
- 2. Promote an active journey to school where possible.
- 3. Ensure that Sports and Health and Fitness days are secured in the planning calendar for next academic and in all year groups and promote the inclusion of new sports.

#### Increased participation in competitive sport

Key spend amounts in this area Membership of WSSA for a yearly association £1663.50

Medals for competitive tournaments and sports day £257.40

- All pupils are offered the opportunity to take part in competitive sport at appropriate ability levels.
- Competitive sport for all...Sports Day, Parents Consultation days, Inter house and Inter class competitions, Playtime competitions for football, basketball, netball, table tennis.
- Extra-curricular competition opportunities in all sports offered by the WSSA
- Extra-curricular competition opportunities county wide
- National entries in football in particular but all sports where the opportunity is offered
- As well as team sports competition is offered in the form of Dance and Performance through opportunities including Move It! and J-Rock
- Competition in motor sport is offered through the experience and challenge created by the Green Goblin Go-kart challenge, races take place all over the county culminating in a meet at the home of Sussex Motor Sport Goodwood Motor Circuit.

### Targets to Increase participation in competitive sport

- 1. Ensure all pupils are encouraged to compete at an appropriate level and push themselves to SPARKLE
- 2. Research countywide and national competition opportunities to increase coverage
- 3. Enter A, B and C teams into as many WSSA sports competitions as possible

### Swimming

Swimming statistics for current year 6 pupils (133 pupils)

Percentage of current year 6 pupils able to confidently swim 25 metres 66%

Percentage of pupils that can use a range of swimming strokes confidently 52%

Percentage of pupils that can self-rescue in different water based situations 66%

### Targets to increase swimming skills

- 1. Identify pupils who need extra swimming support and select for TOP up swimming sessions at Littlehampton swimming centre.
- 2. Increase the provision for swimming at the school. Start lessons in year 4 and continue in year 5. Pupils will then have the opportunity if required to 'top up' in year 6.
- 3. Identify swimming opportunities for parents to take their own children swimming. Local discounts and special offers etc.